Scored Patient-Generated Subjective

200160 Laneur-Generaten 2001ective					
Global Assessment (PG-SGA)	Nearlorthal, Uraug				
History (Boxes 1-4 are designed to be completed by the patient.)					
1. Weight (See Worksheet 1)	2. Food Intake: As compared to my normal intake, I would rate my food intake during the past month as:				
In summary of my current and recent weight:	more than usual 100, if the hurt is sa				
I currently weigh about \(\bigvert \overline{\infty} \) pounds I am about \(\overline{\infty} \) feet \(\overline{\infty} \) tall	less than usual (1) I am now taking:				
One month ago I weighed about/ Do pounds	normal food but less than normal amount (1) little solid food (2)				
Six months ago I weighed about pounds	☐ only liquids (1) ☐ only nutritonal supp lements (1)				
During the past two weeks my weight has: decreased not changed increased	very little of anything (4) only tube feedings or only nutrition by vein 60				
Box 1 7	Box 2 0				
 Symptoms: I have had the following problems that have kept me from eating enough during the past two weeks (check all 	4. Activities and Function: Over the past month, I would generally rate my activity as:				
that apply): no problems eating (0)	normal with no limitations (0)				
no appetite, just did not feel like eating	not my normal self, but able to be up and				
nausea (i) vomiting (3)	about with fairly normal activities (t) not feeling up to most things, but in bed or chair				
□ constipation (1) □ diarrhea (5) □ dry mouth (1)	less than half the day (2)				
things taste funny or have no taste (1) smells bother me (1)	able to do little activity and spend most				
problems swallowing (2) [feel full quick ly (1)	of the day in bed or chair (1)				
☐ pain; where? ₍₁₎	pretty much bedridden, rarely out of bed Box 4				
* *	Tary Printer				
** Examples: depression, money, or dental problems Box 3	Additive Score of the Boxes 1-4 4 A				
The remainder of this form will be completed by y	our doctor, nurse, or therapist. Thank you.				
5. Disease and its relation to nutritional requirements (See Work All relevant diagnoses (specify)	dul to hunting accident.				
Primary disease stage (circle if known or appropriate) I II I	II (V Other				
Age 25 none a lell	Numerical score from Worksheet 2 B				
6. Metabolic Demand (See Worksheet 3)	Numerical score from Worksheet 3 C				
7. Physical (See Worksheet 4) De wolfere	Numerical score from Worksheet 4 2 D				
Global Assessment (See Worksheet 5)	Total PG-SGA score				
☐ Well-nourished or anabolic (SGA-A)	(Total numerical score of A+B+C+D above)				
Moderate or suspected malnutrition (SGA-B) Severely malnourished (SGA-C)	(See triage recommendations below)				
Clinician Signature L. Leaby RD RN PAMD DO Other Date 81,246 B.C.					
Nutritional Triage Recommendations: Additive score is used to define specific nutritional interventions including patient & family education, symptom management including pharmacologic intervention, and appropriate nutrient intervention (food, nutritional supplements, enteral, or parenteral triage). First line nutrition intervention includes o ptimal symptom management. No intervention required at this time. Re-assessment on routine and regular basis during treatment. Patient & family education by dictitian, nurse, or other clinician with pharmacologic intervention as indicated by symptom					
survey (Box 3) and laboratory values as appropriate.					
4-8 Requires intervention by dietitian, in conjunction with nurse	e or physician as indicated by symptoms survey (Box 3).				

Patient ID Information

Boxes 1-4 of the PG-SGA are designed to be completed by the patient. The PG-SGA numerical score is determined using

1) the parenthetical points noted in boxes 1-4 and 2) the worksheets below for items not marked with parenthetical points. Scores for boxes 1 and 3 are additive within each box and scores for boxes 2 and 4 are based on the highest scored item checked off by the patient.

Worksheet 1	ı _	Scoring	Weight	(Wr)	Loss
AAOL KZUECT	-	SCOLINE	WEIRDL	1 44 61	T-022

To determine score, use I month weight data if available. Use 6 month data only if there is no I month weight data. Use points below to score weight change and add one extra point if patient has lost weight during the past 2 weeks. Enter total point score in Box I of the PG-SGA.

Wt loss in 1 month	Points	Wt loss in 6 months
10% or greater	4	20% or greater
(5-9.9%)	<u> </u>	10 -19.9%
3-4.9%	2	6 - 9.9%
2-2.9%	1	2 - 5.9%
0-1-9%	0	0 - 1.9%

Score for Worksheet 1 2 Record in Box 1

V	Vorksb	eet	2 .	- Sco	ring	Cri	teria	for	Conditi	ао

Score is derived by adding 1 point for each of the conditions listed below that portain to the patient.

Category Points
Cancer 1
AIDS 1
Pulmonary or cardiac cachexia 1
Presence of decubitus, open wound, or fistula 1
Presence of trauma
Age greater than 65 years 1

Score for Worksheet 2 = A

Worksheet 3 - Scoring Metabolic Stress

Score for metabolic stress is determined by a number of variables known to increase protein & calorie needs. The score is additive so that a patient who has a fever of > 102 degrees (3 points) and is on 10 mg of prednisone chronically (2 points) would have an additive score for this section of 5 points.

low (1) Stress moderate (2) none (0) high (3) Fever no fever 99 and <101 >101 and <102 >102 Fever duration <72 hrs 72 hrs > 72 hrs no fever Steroids no steroids low dose moderate dose high dose steroids (<10mg prednisone 6-10 and <30mg (≥30mg prednisone equivalents/day) prednisone equivalents/day) equivalents/day)

Score for Worksheet 3 = 7

Score for Worksheet 4 = 2

Global PG-SGA rating (A, B, or C) = B

3+

Worksheet 4 - Physical Examination

Physical exam includes a subjective evaluation of 3 aspects of body composition: fat, muscle, & fluid status. Since this is subjective, each aspect of the exam is rated for degree of deficit. Muscle deficit impacts point score more than fat deficit. Definition of categories: 0 = no deficit, 1+ = mild deficit, 2+ = moderate deficit, 3+ = severe deficit. Rating of deficit in these categories are not additive but are used to clinically assess the degree of deficit (or presence of excess fluid).

Fat Stores:	A				Finid Status:
orbital fat pads /	0	1+	2+	3+	ankle edema
triceps skin fold	0)	1+	2+	3+	sacral edema
fat overlying lower ribs	0 /	1+	2+	3+	ascites
Global fat deficit rating	/ ه	1+	2+	3+	Global fluid status
Muscle Status:	_				Point score for the phy
temples (temporalis muscle)	0	1+	2+	3+	subjective rating of total
clavicles (pectoralis & deltoids)	0	1+	2+	3+	No deficit
shoulders (deltoids)	0	1+	2+	3+	Mild deficit
interosseous muscles	0	1+	2+	3+	Moderate de
scapula (latissimus dorsi, trupezius, deltoids)	0	!+	2+	3+	Severe defici
thigh (quadriceps)	0	1+	2+	③ ⊕	Severe denois
calf (gastrocnemius)	0	1+	2+	(3+) C	I ale
Global muscle status rating	٥	1+	2+	3+ 0	at at which

Point score for the physical exam is determined by the overall subjective rating of total body deficit.

No deficit score = 0 points

Mild deficit score = 1 points

Moderate deficit score = 2 points

Severe deficit score = 3 points

1+

Worksheet 5 - PG-SGA Global Assessment Categories

WOLKSMEEL 3 -	TO-DOV GIRDST VISCHIER	Caregories	
Category	Stage A Well-nourished	Stage B Moderately malnourished or suspected malnutrition	Stage C Severely malnourished
Weight	No wt loss OR Recent non-fluid wt gain	~5% wt loss within 1 month (or 10% in 6 months) OR No wt stabilization or wt gain (i.e., continued wt loss)	> 5% wt loss in 1 month (or >10% in 6 months) OR No wt stabilization or wt gain (i.e., continued wt loss)
Nutrient Intake	No deficit OR Significant recent improvement	Definite decrease in intake	Severe deficit in intake
Nutrition Impact Symptoms	None OR Significant recent improvement allowing adequate intake	Presence of numision impact symptoms (Box 3 of PG-SGA)	Presence of nutrition impact symptoms (Box 3 of PG-SGA)
Functioning	No deficit OR Significant recent improvement	Moderate functional deficit OR Recent deterioration	Severe functional deficit OR recent significant deterioration
Physical Exam	No deficit OR Chronic deficit but with recent clinical improvement	Evidence of mild to moderate less of SQ fat di/or muscle mass di/or muscle tone on palpation	Obvious signs of malnumition (e.g., severe loss of SQ tissues, possible edema)