

## Case 1 GRAT

Group Number: \_\_\_\_\_

1. To accurately determine fatigue in a patient you must assess balance between:
  - a. Family life and social issues
  - b. Depression and brain lesions
  - c. Environmental and physical issues
  - d. Cardiovascular and renal issues
  - e. Acute and chronic conditions
2. For effective long term management of fatigue, a doctor should:
  - a. Rule out a physical cause
  - b. Consider caffeine for depression
  - c. Schedule “as needed” appointments
  - d. Consider cognitive behavior therapy
3. When determining the etiology of fatigue, the most important system to consider is:
  - a. Adrenal
  - b. Muscular
  - c. Hematologic
  - d. Hepatic
  - e. Cardiovascular
4. Which of the following tests is rarely useful in diagnosing chronic fatigue?
  - a. Erythrocyte sedimentation rate
  - b. Complete blood count
  - c. Chemistry panel
  - d. Electrocardiography
  - e. Pregnancy test
5. If a patient with chronic fatigue has normal laboratory test values, all of the following would be reasonable next steps to determine the underlying cause **EXCEPT**.
  - a. Complete a targeted history about pain and sleep
  - b. Continue testing until a problem is found
  - c. Referral to a sub-specialist
  - d. Referral to a psychiatrist
  - e. Recommend more exercise